

ALL INDIA INSTITUTE OF MEDICAL SCIENCES
(PUBLIC RELATIONS DIVISION)

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PRESS RELEASE

The Department of Nephrology, All India Institute of Medical Sciences is observing World Kidney Day on 11th March 2010. Chronic Kidney Disease (CKD) is group of diseases where kidneys are damaged for long period and the damage to kidney continues to worsen. It is an important group of diseases anywhere in the world, including India. In India, 10% of population is having some degree of CKD, from very mild to severe. Diabetes and high blood pressure are two common causes of CKD responsible for 60% patients of CKD. 30% patient with diabetes and 10% patients with high blood pressure will ultimately develop CKD with time. Once CKD develops, it can not be cured and disease worsens with time and ultimately kidneys are completely damaged. This is called end stage kidney disease (ESKD) and at this stage, patient needs lifelong dialysis or kidney transplantation. Both these treatment are costly. Lifelong dialysis costs 25,000 to 30,000 per months and in renal transplant after initial cost of surgery other cost is 15000-20000 per months for rest of life.

To address the issue of CKD every year “**World Kidney Day**” is being commemorated on 2nd Thursday of month of March and this year it is on 11th March. Motto is “be aware of your kidneys and prevent CKD”.

A Press Briefing would be held on the eve on 10th March 2010 at 4 pm by Prof S.K. Agarwal, Head, Deptt of Nephrology at Room no. 4087, 4th Floor, Teaching Block, AIIMS. All Health Correspondents and Reporters are cordially invited.

(S. Rangabashiam)
Addl. P.R.O.