

Name: **Dr. Preethy K**
E-mail address: **princyaiims@gmail.com**

I. Academic Qualification:

Degree/Qualification	College/Institution
MBBS	Madras Medical College, Chennai, India
MD Psychiatry	All India Institute of Medical Sciences, New Delhi, India
DNB Psychiatry	National Board of Examinations, New Delhi, India
DM Addiction Psychiatry	All India Institute of Medical Sciences, New Delhi, India
International Certification in Addiction Medicine	International Society of Addiction Medicine

II. Work Experience:

- 1) Expert, Harm Reduction at National AIDS Control Organization from April, 2021 to July, 2021.
- 2) Assistant Professor of Psychiatry, AIIMS Jodhpur, from July 2021 till December 2022
- 3) Assistant Professor of Psychiatry, AIIMS New Delhi, from December 2022 till now.

III. Achievements:

1. "Master Trainer" for Opioid Substitution Therapy Program under National AIDS Control Organization since 2021
2. 'Ruth Fox Scholarship Award' by American Society of Addiction Medicine in 2021.
3. Beck Institute Student Scholarship by 'Beck Institute' in 2021.
4. Received Registration Bursary to attend ISAM Conference in 2021
5. 'International Best Research Poster Award' at the NIDA/CPDD International Research Posters session in 2020
6. Selected for NIDA travel award in 2020.
7. Received Registration Bursary to attend ISAM-CSAM Conference in 2020
8. Received 'International Travel Award' from American Academy of Addiction Psychiatry in 2019
9. 'The C. Raitt Dunhill Prize' Gold Medal Award in Physiology for the year 2005 to 2006 from Madras Medical College
10. 'Branfeet Memorial Prize' for proficiency in Obstetrics and Gynaecology for the year 2009 to 2010 from Madras Medical College
11. Awarded 'Short term studentship' from Indian Council of Medical Research in 2007

IV. Fellowships:

Associate Fellow, National Academy of Medical Sciences
Life Fellow, Indian Association of Child and Adolescent Mental Health
Founding Member and Life Fellow, Addiction Psychiatry Society of India

V. Other Honorary Positions:

Member Secretary, ISAM-NEXT
Member, Website Committee, Indian Psychiatric Society
Assistant Officer, ISAM- Global Expert Network, International Society of Addiction Medicine
Assistant Editor, Journal of Indian Association of Child and Adolescent Mental Health
Review Editor, Frontiers in Psychiatry, Frontiers in Public Health and Frontiers in Sociology

VI. Society Membership:

- a. Member, Early Career Network, International Psychogeriatric Association
- b. Member, International Society of Addiction Medicine
- c. Member, American Society of Addiction Medicine
- d. Member, Network of Early Career Professionals working in the area of Addiction Medicine (NECPAM)
- e. Member, Indian Psychiatric Society
- f. Member, Indian Association for Social Psychiatry

VII. Organisational Activities:

- a. Organising Secretary for Online International CME on 'Recent Advances in Addiction Psychiatry' in June 2022
- b. Organising Secretary for Online International Quiz on Addiction Psychiatry – "Motivational Quizzing" in June 2022
- c. Organised National Quiz for Medical Doctors under National Academy of Medical Sciences – "Mediquest" in November 2022
- d. Organised National Quiz on Addiction Psychiatry in ADDICON 2022 and ADDICON 2021
- e. Organised National Quiz for Post graduate Psychiatry residents in 2021.

VIII. Publications in Peer-reviewed journals:

- 1) Bhargava, R., Kathiresan, P., Balhara, Y. P. S., Sharma, M., Phiri, P., & Rathod, S. (2022). Impact of COVID-19 on Mental Health of Aged Population in India: An Online, Cross-sectional Survey. *World Social Psychiatry*, 4(3), 211.
- 2) Balhara, Y. P. S., Ghosh, A., Sarkar, S., Mahadevan, J., Pal, A., Narasimha, V. L., ... & Bharadwaj, B. (2022). Clinical care of patients with dual disorders in India: diverse models of care delivery. *Advances in Dual Diagnosis*, (ahead-of-print).
- 3) Gupta, N., Aneja, J., & Kathiresan, P. (2022). "Persons with Disabilities": Are We Doing Enough as a Society?. *Journal of Indian Association for Child and Adolescent Mental Health*, 18(2), 119-121.
- 4) Ka inth D, Kathiresan P, Bhad R, Rao R, Verma A. A Hyperalert Newborn. *Neoreviews*. 2022 Jun 1;23(6):e413-e415. doi: 10.1542/neo.23-6-e413. PMID: 35641455.
- 5) Quraishi, Rizwana.; Kathiresan, Preethy1; Verma, Kamini; Rao, Ravindra; Jain, Raka. Effect of chronic opioid use on the hematological and inflammatory markers: A retrospective study from North India, *Indian Journal of Psychiatry*: May–June 2022 - Volume 64 - Issue 3 - p 252-256. doi: 10.4103/indianjpsychiatry.indianjpsychiatry_751_21
- 6) Kathiresan P, Sarkar S. Club Drugs in India: An Analysis of Newspaper Reports. *Indian J Psychol Med*. 2022 May;44(3):311-313. doi: 10.1177/0253717621992552. Epub 2021 Mar 25. PMID: 35656430; PMCID: PMC9125470.
- 7) Rao R, Kathiresan P, Kishore K, Kumar P, Sharma C, Mishra JK. Physical and mental health status of women whose spouses inject drugs - A cross-sectional, multisite study. *Indian J Public Health*. 2022 Jan-Mar;66(1):57-60. doi: 10.4103/ijph.IJPH_1249_20. PMID: 35381716.
- 8) Kathiresan, P., & Bhargava, R. (2021). Public health challenges and initiatives in problematic internet use. *Indian Journal of Social Psychiatry*, 37(3), 262.
- 9) Farhoudian, A., Radfar, S. R., Mohaddes Ardabili, H., Rafei, P., Ebrahimi, M., Khojasteh Zonoozi, A., De Jong, C., Vahidi, M., Yunesian, M., Kouimtsidis, C., Arunogiri, S., Hansen, H., Brady, K. T., ISAM Global Survey Consortium (ISAM-GSC), Potenza, M. N., Baldacchino, A. M., & Ekhtiari, H. (2021). A Global Survey on Changes in the Supply, Price, and Use of Illicit Drugs and Alcohol, and Related Complications During the 2020 COVID-19 Pandemic. *Frontiers in psychiatry*, 12, 646206. <https://doi.org/10.3389/fpsyt.2021.646206> (Part of ISAM Global Survey Consortium)
- 10) Radfar, S. R., De Jong, C. A., Farhoudian, A., Ebrahimi, M., Rafei, P., Vahidi, M., ... & Twala, J. M. (2021). Reorganization of substance use treatment and harm reduction services during the COVID-19 pandemic: a global survey. *Frontiers in Psychiatry*, 12, 349. (Part of ISAM Public policy interest group).
- 11) Kathiresan, P., Bhad, R., & Rao, R. (2021). What's in a Name? Nosological issues in Substance use and Addictive disorders: Perspective from ICD-11. *Asian Journal of Psychiatry*, 102585.
- 12) Kathiresan, P., Rao, R., Joshi, T., Bhad, R., Bhatnagar, S., Deb, K. S., & Chadda, R. K. (2020). Chronic noncancer pain and opioid addiction: Diagnostic and management challenges. *Indian Journal of Palliative Care*, 26(4), 544.
- 13) Kathiresan, P., Rao, R., Namoli, S., Hans, G., & Sharan, P. (2020). Adjuvant Trazodone for Management of Protracted Delirium Tremens. *Indian Journal of Psychological Medicine*, 42(4), 391-393.
- 14) Sandooja, S., Kathiresan, P., & Sharan, P. (2019). Self-harm attempt in the older population of the UK. *The Lancet Psychiatry*, 6(2), 92.
- 15) Kathiresan, P., Pakhree, A., Kattula, D., & Sarkar, S. (2019). Tapentadol Dependence: A Case Series. *The primary care companion for CNS disorders*, 21(5).
- 16) Kathiresan, P., Ambekar, A., & Sarkar, S. (2019). Opioid substitution treatment using buprenorphine for management of dependence on natural opioids: Case series. *Indian journal of psychological medicine*, 41(6), 586.
- 17) Ambekar, A., Rao, R., Agrawal, A., & Kathiresan, P. (2018). Research on opioid substitution therapy in India: A brief, narrative review. *Indian journal of psychiatry*, 60(3), 265.
- 18) Kathiresan, P., Sarkar, S., & Balhara, Y. P. S. (2018). Inpatient treatment outcomes of aged substance-using patients admitted to a tertiary care center. *Journal of Geriatric Mental Health*, 5(2), 139.
- 19) Sharan, P., Kathiresan, P., & Chawla, N. (2018). Vilazodone-Induced Decrease in Libido: A Case Report. *The primary care companion for CNS disorders*, 20(1).
- 20) Verma, R., Kumar, N., Kumar, R., Kumar, S., & Kathiresan, P. (2018). Cathodal neuromodulation of dominant temporoparietal cortex with transcranial direct current stimulation for tinnitus: A case series. *Noise & health*, 20(92), 27.
- 21) Kathiresan, P., Sharan, P., Nongkynrih, B., & Mishra, A. K. (2015). Registration and definitions of mental disorders in Swedish survivors of the 2004 southeast Asia tsunami. *The Lancet Psychiatry*, 2(11), 962.

IX. Published Abstracts:

- 1) Rao R, Kathiresan P, Saini R. Symposium Title: Opioid Overdose Among People Who Inject Drugs – Findings from two Delhi-based studies. *Indian J Psychiatry*. 2022 Mar;64(Suppl 3):S640. doi: 10.4103/0019-5545.341879. Epub 2022 Mar 24. PMID: PMC9129829.
- 2) Pakhre A, Modak T, Bhatia G, Kathiresan P. ANCIPS 2022 Symposium Proposal. *Indian J Psychiatry*. 2022 Mar;64(Suppl 3):S623–4. doi: 10.4103/0019-5545.341818. Epub 2022 Mar 24. PMID: PMC9129862.
- 3) Kathiresan, P., Dhanwan, A., Kumaran, S., Jain, R., Jhanjhee S., Goswami, AK., Mathur, V.P. A functional MRI study to understand the brain regions associated with cue-induced craving among Indian tobacco smokers. In: Gordon AJ. Abstracts from the 2019 Annual Meeting of the International Society of Addiction Medicine (ISAM) in New Delhi, India and a thank you to the 2019 peer reviewers of Substance Abuse. 2020;40(1):1. SuppA2. Page: Supp 31.
- 4) Kathiresan, P., Chatterjee., Rao, R. Night hospitalization as a treatment model for patients with substance use disorders: the concept and its outcome. KC Dube Award. *Indian J Psychiatry* 2020; 62(7):17.
- 5) Kathiresan, P., Bhargava, R., Brief Intervention In Substance Use: A Review. Free Paper Posters. *Indian J Psychiatry* 2017; 59, Suppl S2 : 244
- 6) Kathiresan, P., Rao, R., Namoli, S., Hans, G., Sharan, P. Successful Management of a case of Protracted Delirium Tremens. *Oral Papers Final. Indian J Psychiatry* 2019; 61, Suppl S3: 472
- 7) Kathiresan, P., Pakhre, A., Kattula, D., & Sarkar, S. (2019). Tapentadol Dependence: A Case Series. *Oral Papers Final. Indian J Psychiatry* 2019; 61, Suppl S3: 223
- 8) Kathiresan, P., Sharma S., Bagra, I., Deb K.S., Chadda R. Suicide attempt during Unresponsive episode –Is it Complex Partial Seizures or Dissociative episode? - Diagnostic Challenges. *Oral Papers Final. Indian J Psychiatry* 2019; 61, Suppl S3: 512
- 9) Kathiresan, P., Gupta, R., Patra B.N., Sagar, R. Physiotherapy as a Treatment Modality in a Child With Somatoform Pain Disorder. Posters. *Indian Journal of Social Psychiatry* 2016; 32(4): 428
- 10) Kathiresan, P., Chawla. N., Sharan P. Vilazodone Induced Decreased Libido: A Case Report. *Indian Journal of Social Psychiatry* 2016; 32(4): 440.

X. **Book chapters:**

- 1) Rao, R., Kathiresan, P. OST – Past Present and Future. In *Psychiatry Update*. First Edition. Indian Psychiatric Society (August 2018).
- 2) Kaloiya, G., Kathiresan, P. Psychotherapy useful for understanding and managing academic problems. *Enlighten the Academic Darkness*. First Edition. Walnut Publications (2020)
- 3) Bhargava, R., Kathiresan, P., Balhara, Y.S. Addictions to Cyberspace-I: Online Porn, Shopping, Gaming and Gambling. *Cyber Psychiatry* (2020).
- 4) Kathiresan, P. Describe and Discuss Basic Legal Issues in Psychiatry. *AETCOM Precis (Attitude, Ethics and Communication)*. Mahi Publications (2021).
- 5) Kathiresan P. Describe and Discuss Basic Ethical Issues in Psychiatry. *AETCOM Precis (Attitude, Ethics and Communication)*. Mahi Publications (2021).
- 6) Kathiresan, P. Socio-cultural Diversity and a adaptation. *Well-being essentials for College Youth*. AIIMS Jodhpur 1st Edition (2022). ISBN: 978-93-5607-525-2
- 7) Deb KS, Kathiresan, P. Role of Information Technology in Mental Health. *Mental Health at Cross Roads*.

XI. **Monographs:**

- 1) Rao R, Kathiresan P. Assessment of Standards of Care in Services for People Who Use Drugs in India. Alliance India; 2020.
- 2) Rao R, Kathiresan P. Assessment of HIV-related risk behaviours and vulnerabilities among female spouse of male injecting drug users in Delhi – A cross-sectional, observational study. *India HIV/AIDS Alliance*; 2020.

XII. **Resource person / Resource Faculty for skill building activities / workshops:**

- 1) Resource faculty for Development of modules on substance use disorders under World Psychiatric Association in 2022
- 2) “PEST Tool for Expert Surveys” – 2021 ISAM-Global Expert Network Talk Series on Scientific Methods in Global Surveys.
- 3) “Nicotine Addiction” at NICPR-ECHO'S 3rd Advanced Cancer Screening Training Program for Dentists in November 2020
- 4) Resource Faculty for the Workshop for Medical Officers on Management of Substance Use Disorders at AIIMS, Jodhpur in October, 2021.
- 5) OST training for OST staff of Chandigarh SACS in December 2021
- 6) OST training for OST staff of Punjab SACS in March 2022

- 7) “Hands on– Tobacco Cessation” Workshop at Maulana Azad Institute of Dental Sciences in 2019
- 8) ‘Tobacco– Keeping company with the silent killer’ at All India Institute of medical Sciences, New Delhi in 2019
- 9) ‘Your stories, Our ears’ at All India Institute of medical Sciences, New Delhi in 2018.
- 10) Skill building session for Psychiatry Residents and MSc Psychiatry Nursing students of AIIMS Jodhpur on “Suicide Prevention”

XIII. Symposium / CMEs Presentations at Conferences / CMEs :

International:

- 1) “India and Telepsychiatry – Has a new era begun?” – Symposium at World Psychiatric Association in 2022
- 2) “Genetics and Substance Use Disorders: Clinical Perspective” at WASP, 2021
- 3) “Evidence of effectiveness of tobacco harm reduction in patients with substance dependence” at WASP, 2021
- 4) “Utilization of telemedicine services for consultation and follow up of clients receiving Opioid Agonist Maintenance Treatment (OAMT) in India” at ISAM, 2020
- 5) “Challenges in Addiction Treatment in five countries (India, Kenya, Nepal, Sri Lanka and United Kingdom): How similar or different are we?” at ISAM, 2019
- 6) “Genetic underpinnings of addiction: update and experience” at ISAM, 2019

National:

- 1) “Management of Natural Opium Dependence with Buprenorphine – AIIMS Jodhpur Experience” – Symposium at ADDICON 2022
- 2) “Growing Together with ISAM-NExT” – Symposium at ADDICON 2022
- 3) “Phenomenology of Behavioural Addictions” – Symposium at Annual National Conference of Indian Psychiatric Society, 26th March 2022, Online
- 4) “Benzodiazepine Use Disorder – Assessment and Management” at Indian Psychiatric Society, North Zone CME on 2nd March 2022
- 5) “Methodological Issues in Research on Internet Addiction” – Symposium at ADDICON, 2021
- 6) “Legal Challenges Related to Natural Opium Use and Dependence & Future Directions” – Symposium at ADDICON, 2021
- 7) “The Unmet Needs of Wives of People Who Inject Drugs” – Symposium at National Conference of Indian Association of Social Psychiatry in November 2021
- 8) “Internet and Gadget Use -Setting the Limit” – Resource Faculty in National Online CME for Youth under the aegis of Indian Association for Social Psychiatry on 26th October 2021.
- 9) Co-Facilitator for a case-vignette based discussion on “Making a Diagnosis of Substance Use Disorder” in the Foundation Day CME on “ICD-11 Mental, Behavioural or Neurodevelopmental Disorders: How does it impact your psychiatric training and practice?” Conducted by PGI, Chandigarh in September, 2021

XIV. Free Paper and Poster presentations:

International:

- 1) NIDA 2022: Drug Use Status And Employment Status After 10 Years Of Short-Term In-Patient Treatment At A Tertiary Care Addiction Psychiatry Unit In India.
- 2) CPDD-NIDA International forum, 2021: Mental health and Drug use status of Wives of Men Who Inject Drugs
- 3) ISAM, 2020: Effect of Transcranial direct current stimulation (tDCS) on tobacco craving and consumption among Opioid dependent patients on Agonist maintenance therapy
- 4) CPDD, 2020: Role of Cerebellum in Cue-Induced Craving for Nicotine: A Functional MRI Study
- 5) ISAM, 2019: Examining existing standards of care for treatment of substance use disorder in India
- 6) ISAM, 2019: A functional MRI study to understand the brain regions associated with cue induced craving among Indian tobacco smokers
- 7) WASP, 2016: Physiotherapy as a treatment modality in a child with somatoform pain disorder
- 8) WASP, 2016: Vila zodone induced decreased libido: A case report
- 9) WPA, 2015: A case of Anorexia Nervosa with dangerously low BMI
- 10) WPA, 2015: Hoarding disorder in a case of Schizophrenia

National:

- 1) ANCIPS, 2020: Night hospitalization as a treatment model for patients with substance use disorders: the concept and its outcome
- 2) ANCIPS, 2019: Tapentadol dependence: A case series
- 3) ANCIPS, 2019: Successful Management of a case of Protracted Delirium Tremens

- 4) ANCIPS, 2019: Suicide attempt during Unresponsive episode –Is it Complex Partial Seizures or Dissociative episode? -Diagnostic Challenges
- 5) ANCIPS, 2017: Brief Intervention – A review