

<p>09.15- 10.00 Session I Inauguration</p>	<p><i>Saraswati vandana, Welcome, & lamp lighting</i> Welcome address : Prof Rashmi Mathur, Organizing Chairperson Director Address : Prof MC Misra, AIIMS, New Delhi Address by Guest of honour : Prof SP Agarwal, IRCS, New Delhi Address by Chief Guest : Prof AK Mahapatra, Director, AIIMS, Bhubaneshwar Release of conference book by the Chief Guest Vote of thanks: Dr Raj Kumar Yadav, Organizing Secretary</p>		
<p>10.00 -10.30 High Tea</p>			
<p>10.30 - 11.15 Session II Keynote address</p>	<p>Prof SC Manchanda, Sr Consultant, Sir Ganga Ram Hospital & Ex HoD Cardiology, AIIMS, New Delhi</p>	<p>Evolving concept of Mind Body Medicine</p>	<p><i>Chairpersons:</i> Prof AK Mukhopadhyay Prof YK Gupta Prof Rajiv Narang</p>
<p>11.15 - 13.00 Session III Mind Associates Session: Performance is born in mind</p>	<p>Mary Keightley United Kingdom</p>	<p>Leadership through mind</p>	<p><i>Moderator:</i> Dr Raj Kumar Yadav</p>
<p>13.00 - 14.00 Lunch</p>			
<p>14.00- 14.45 Session IV Mind: Consciousness</p>	<p>Prof AK Mukhopadhyay Prof Sunita Tiwari Dr Basvareddi IV Dr Neelima S</p>	<p><i>Five tricky Conceptual Issues in Consciousness Research Physiological aspects of mind/consciousness - a scientific approach Concept of mind Beautiful mind and ageless body</i></p>	<p><i>Chairpersons:</i> Prof Rashmi Mathur, Prof Neelima Shankar, Prof Tanuj Dada</p>
<p>Session V 14.45 - 15.45 Mind, Medicine & Meditation: Evidence based psychoneuroimmunological</p>	<p>Prof Rima Dada Prof Sneh Anand</p>	<p><i>Sperm- Seeds of Concern: Role of lifestyle interventions Technical evaluation of yoga- meditation: Real time monitoring</i></p>	<p><i>Chairpersons:</i> Prof Usha Sachdeva, Prof YK Gupta Prof Anand Kumar</p>

approach	Dr VM Kohli	<i>Principles of Mind, Medicine and Meditation in Healing</i>	
	Prof Sushma Bhatnagar	<i>Effectiveness on stress marker and pain through Sudarshan Kriya and Pranayam on advance stage breast cancer patients.</i>	
15.45-16.00	Tea		
Session VI 16.00 - 17.00	Oral Presentations		
Workshop I 17.15 - 19.15	Philosophy & practice of Iyengar yoga : Padma Vibhushan BKS Iyengar techniques meant for all using props Dr Manoj Naik and Dr Rajvi H Mehta		