

4th National Conference on Gynae Endocrinology (GESICON) - 2014 Date: 25th-27th April, 2014

Organized by



Gynae Endocrine Society of India (GESI)



Pre-Congress Workshops on 25th April 2014 at AIIMS, New Delhi
Conference: 26th -27th April, 2014
Venue: Hotel Grand, Vasant Kunj, New Delhi



**Hosted by: Department of Obstetrics & Gynaecology,
All India Institute of Medical Sciences, New Delhi**

In collaboration with



AOGD (Association of Obstetricians & Gynaecologists of Delhi)

ICOG Credit points
Conference-20
Workshop-6

DMC Credit Hours
Conference-15: 45 hrs
Workshop - 6 : 20 hrs

Prof. Nutan Agarwal
Professor
Organizing Secretary

Prof. Alka Kriplani
Professor & Head
Organizing Chairperson

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Invitation

Dear Colleagues,

On behalf of Gynae-Endocrine Society of India (GESI), it gives us immense pleasure to invite you to the 4th National Conference on Gynae Endocrinology from 25th - 27th April, 2014 at Hotel Grand, Vasant Kunj, New Delhi. The 1st Conference on Gynae Endocrinology which was organized in April, 2009 at New Delhi had an overwhelming response. Recognizing the need for this field, which was untouched in our country, we formed the Gynae-Endocrine Society of India. We held mega academic events under this society, second in April, 2011 at New Delhi and third in May, 2013 at Pune. Our mission is to develop, upgrade & teach Gynae-Endocrinology in our country. Further, the aim of our Congress is to offer professionals a multidisciplinary platform to learn more about Gynae Endocrinology.

We are also organizing Pre-Congress workshops on various topics. Our faculty is a galaxy of experts from all over the country & abroad. Gynae Endocrinology includes not only reproductive health but also incorporates all other important aspects pertaining to sexual health, obesity & cosmetology to get holistic approach to women's health. The programme is carefully designed and includes guest lectures, symposia, debates, controversies, video sessions, quiz etc. There is a call for abstracts for free communications & posters. There are various prizes for scientific presentations.

We look forward to your participation in this conference to make it a grand success.



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Organizing Committee

Patron

Dr M C Misra
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Dr Garima Kachhawa

Joint Secretaries

Dr Hrishikesh Pai
Dr Nandita Palshetkar

Accommodation & Travel

Dr Reeta Mahey
Dr P Vanamail

Workshop Co-Ordinator

Dr Neeta Singh
Dr Jaideep Malhotra

Reception Committee

Dr Dipika Deka
Dr Neerja Bhatla
Dr Ritu Joshi

Advisor

Dr Sanjay Gupte
Dr Suchitra Pandit
Dr Nozer Sheriar
Dr Indrani Ganguli

Scientific Committee

Dr Vidushi Kulshrestha
Dr Manu Goyal
Dr Nilanchali Singh

Audiovisual Committee

Dr K Aparna Sharma
Dr Anupama Bahadur
Dr Ashish Mukhopadhyay

Souvenir Committee

Dr J B Sharma
Dr Sarita Agarwal
Dr Prerna Gupta
Ms Bharti Pandey

Co-Chairpersons

Dr Prakash Trivedi
Dr Sunesh Kumar
Dr Bharati Dhorepatil
Dr Rishma Pai

Zonal Co-Ordinator

Dr Vineet Mishra
Dr Shantha Kumari
Dr Narender Malhotra
Dr Hema Divakar

Exhibition Committee

Dr K K Roy
Dr Rohini Sehgal

Registration Committee

Dr Pratima Mittal
Dr Urvashi P Jha
Dr Vatsla Dadhwal
Mrs Geetha Gopi
Ms Shobha Kandpal

Pre-Conference Workshop: Ovulation Induction & IUI (#1)

(In Collaboration with ICOG & ASPIRE)

Date: 25th April 2014, Time: 09.00am-12.30pm
Venue: JLN Auditorium, AIIMS, New Delhi

Convener: **Dr Jaideep Malhotra, Dr Narendra Malhotra**
Co-Convener: **Dr Reeta Mahey**

| Time | Topic | Speaker | Chairpersons/Moderator |
|------------------|---|---|--|
| 09.00-09.15am | Inauguration & lamp lighting : Dr Alka Kriplani, Dr Narendra Malhotra, Dr Jaideep Malhotra, Dr Reeta Mahey | | |
| Session 1 | | | |
| 09.15-09.30am | Sperm Function tests | Dr Pramod Bajaj (Delhi) | Dr Jyoti Bhaskar (Delhi) |
| 09.30-09.45am | Semen analysis | Dr Sandeep Karunakaran (Delhi) | Dr Pinkee Saxena (Delhi) |
| 09.45-10.00am | Sperm preparation techniques | Dr Jaideep Malhotra (Agra) | Dr Abanish Tiwari (Delhi) |
| Session 2 | | | |
| 10.05-10.25am | Clinical Nuances of ovarian stimulation | Dr Jaideep Malhotra (Agra) | Dr Renu Makwana (Jodhpur), |
| 10.25-10.45 am | Monitoring of stimulation | Dr Narendra Malhotra (Agra) | Dr Shweta Mittal (Delhi), |
| 10.45-11.05am | How to improve success rates of IUI cycles? | Dr Sangeeta Sharma (Jaipur) | Dr Jyoti Bali (Delhi) |
| Session 3 | | | |
| 11.10-11.25am | Adjuvant to ovulation induction agents | Dr Neeta Singh (Delhi) | Dr Archana Luthra Seth (Dehradun), |
| 11.25-11.40am | IUI techniques | Dr Tanya Buxshee Rohtagi (Delhi) | Dr Ila Gupta (Gurgaon), Dr Rakhi Singh (Noida) |
| 11.45- 12.10pm | Open House Discussion | Experts: Dr Abhilasha Chaturvedi (Allahabad), Dr Kumud Pasricha (Jalandhar), Dr Reeta Mahey (Delhi), Dr Surveen Ghumman (Delhi), Dr Anupama Bahadur (Delhi), Dr Manisha Chaudhary (Jaipur), Dr Shitiz Murdia (Udaipur) | Moderators: Dr Narendra Malhotra (Agra), Dr Jaideep Malhotra (Agra) |
| 12.15-12.30 pm | MCQ evaluation and ICOG+ Aspire Certification | | |
| 12.30-1.30 pm | Lunch | | |

Pre-Conference Workshop: Controversies & Advancements in IVF (#2)

Date: 25th April 2014, Time: 01:30-05:00 pm
Venue: JLN Auditorium, AIIMS, New Delhi

Convener: **Dr Sonia Malik, Dr Neeta Singh**
Co-Convener: **Dr Reeta Mahey**

| Time | Topic | Speaker | Chairpersons/Moderator |
|-----------------------|--|---|---|
| 01.30-01.40pm | Inauguration & Lamp lighting/ Pre-test- Dr Alka Kriplani, Dr Sonia Malik, Dr Neeta Singh | | |
| Session 1 | | | |
| 01.40-01.55pm | Key points in selection of stimulation protocols to improve results in IVF | Dr Madhuri Patil (Bengaluru) | Dr Sandeep Talwar (Delhi), Dr Kaberi Banerjee (Delhi), Dr Suman Lal (Delhi) |
| 01.55-02.10pm | Basics of laboratory aspects to optimize results in IVF | Dr Jatin Shah (Mumbai) | |
| 02.10-02.25pm | Coping with infected semen on day of insemination & handling HIV/ hepatitis patients in IVF | Dr Brig R K Sharma (Delhi) | |
| 02.25-02.40pm | Video session: Follicular tracking, oocyte retrieval/ICSI, Embryo transfer and embryo biopsy | Dr Neeta Singh (Delhi) | |
| Session 2 | | | |
| 02.45-03.00pm | How to optimize the FET cycle results? Secret of vitrification& thawing | Dr Pankaj Talwar (Delhi) | Dr Bharati Dhorepatil (Pune) |
| 03.00-03.15pm | Role of endometrial receptivity assay in improving implantation. | Dr Pere Mir Pardo (IVIOMICS, Spain) | Dr Kuldeep Jain (Delhi), Dr Jyoti Agarwal (Delhi) |
| Session 3 | | | |
| 03.20-03.45pm | Social egg freezing | Dr Shailaja Nair (UK) | Dr Nalini Mahajan (Delhi) Dr Sushma Sood (Palampur) Dr Anshu Jindal (Meerut) |
| 03.45-04.10pm | Time lapse technology is future of IVF | Dr Eszter Losonczy (Hungary) | |
| 04.15-05.00pm | Panel discussion – Troubleshooting in IVF | Panelist: Dr Sohani Verma (Delhi), Dr Sudha Prasad (Delhi), Dr Sanjay Makwana (Jodhpur), Dr KD Nayyar (Delhi), Dr Umesh Jindal (Chandigarh), Dr Asha Baxi (Indore), Dr Tarini Taneja (Muzzafarnagar), Dr Shivani Sachdeva Gaur (Delhi) | Moderator: Dr Sonia Malik (Delhi), Dr Neeta Singh (Delhi) |
| (Merck Serono) | | | |
| 05.00pm | HIGH TEA | | |
| 05.00-05.45pm | Executive Committee Meeting (5-5.30pm) followed by General Body Meeting | | Venue: Conference Hall, AIIMS |
| 05.45-06.30pm | Expert Group Meeting: Management Guidelines for AUB (Abnormal Uterine Bleeding) Chairperson: Dr Alka Kriplani , Co-Chairperson: Dr Nutan Agarwal (By Invitation only) | | Venue: Conference Hall , AIIMS (Bayer Zydus) |
| 07.00pm Onwards | Welcome Dinner: Venue: C-II/15, Faculty Club, AIIMS, New Delhi | | |

Pre-Conference Workshop: Obesity- Basic Management Course(#3)

Date: **25th April 2014**, Time: 09.00am to 12.30 pm

Venue: **Conference Hall, AIIMS, New Delhi**

Convener: **Dr Purnima Chawdhary, Dr Alka Kriplani**

Co-convener: **Dr Nutan Agarwal**

| Time | Topic | Speaker | Chairperson/Moderator |
|---|---|--|---|
| 09.00-09.10am | Opening Remarks: Dr Purnima Chawdhary (USA) | | |
| Session-I- Care of Obesity | | | |
| 09.15-09.40am 09.40-10.05am | Evaluation of Obese woman Old is gold-changes to ethnic diet in obese patients | Dr Purnima Chawdhary (USA) Dr Krishna Doniparthi (USA) | Dr Nikhil Tandon (Delhi) Dr Ashok Kumar (Delhi) Dr Meenakshi Sauhta (Gurgaon) |
| 10.05-10.15am | Inauguration & Lamp Light: Dr Alka Kriplani, Dr Purnima Chawdhary, Dr Nutan Agarwal | | |
| Session- II- Recent aspects in obesity | | | |
| 10.15-10.35am 10.35-10.55am 10.55-11.15am | Long term weight management Bio-identical HRT in obesity Early life origin of obesity | Dr Shirish Patwardhan (Pune) Dr Krishna Doniparthi (USA) Dr Alka Kriplani (Delhi) | Dr Sunita Singhal (Delhi), Dr V N Mishra (Raipur), Dr Lalita Badhwar (Delhi) |
| Session-III- Special issue in obesity | | | |
| 11.20-11.40am 11.40- 12.00pm | Obesity & Infertility Pregnancy after bariatric surgery | Dr Vidya Bhatt (Bengaluru) Dr Shimon Segal (USA) | Dr Charu Mittal (Gwalior), Dr Seema Madan (Faridabad), Dr Ruchi Saxena (Bikaner) |
| 12.05-12.45pm | Session IV- Panel Discussion Dietary & medical prescription for obesity | Panelists: Dr Shimon Segal (USA), Dr Krishna Doniparthi (USA), Dr Alka Kriplani (Delhi), Dr Nikhil Tandon (Delhi), Dr Nutan Agarwal (Delhi), Dr Shirish Patwardhan (Pune) | Moderator: Dr Purnima Chawdhary (USA) |
| 12.45-1.30 pm | Lunch | | |

Pre-Conference Workshop: Gestational Diabetes Mellitus (#4)

Date: **25th April 2014**, Time: 01:30-05:00 pm

Venue: **Conference Hall, AIIMS, New Delhi**

Convener: **Dr Hema Divakar, Dr Uday Thanawala**

Co-Convener: **Dr Garima Kachhawa**

| Time | Topic | Speaker | Chairpersons |
|---------------------|--|--|---|
| 01.30-02.00pm | QUIZ: How to stop the Tsunami of Diabetes? | | Dr Sushila Rani (Bengaluru) |
| 02.05-02.15 pm | Inauguration & Lamp lighting: Dr Alka Kriplani, Dr Hema Divakar, Dr Uday Thanawala, Dr Garima Kachhawa | | |
| 02.15-02.35pm | Session I Screening - a single step to diagnose diabetes | Dr Girija Wagh (Pune) | Dr Sanjivni Khanna (Delhi), Dr Vertika Kishore (Mathura), Dr Nupur Gupta (Delhi) |
| 02.40-03.15pm | Session II Effective Screening & Management Panel – Surveillance in GDM | Panelists: Dr Madhu Nagpal (Amritsar), Dr Rajesh Khadgawat (Delhi), Dr Shashi Gupta (Jaipur), Dr Sangeeta Kamra (Bhillai) | Moderator: Dr Hema Divakar (Bengaluru) |
| 03.20-03.35pm | Shoulder dystocia-Drill on Mamanatalle | Dr Sadhana Gupta (Gorakhpur), Dr Sangeeta Gupta (Delhi) | |
| 03.40-04.25pm | Session III Dealing and Delivering Case discussion on Pre-existing Diabetes in Pregnancy | Panelists : Dr M Chouhan (Jabalpur) Dr Manju Hotchandani (Delhi), Dr Arti Marwah Luthra (Dehradun) Dr Parimala (Bengaluru) Dr Garima Kachhawa (Delhi) | Moderator: Dr Uday Thanawala (Navi Mumbai) |
| 04.30-04.45pm | Quiz : LSCS in Diabetics-Pre , Intra & Post op care | | Dr Jyothika Desai (Bengaluru) |
| (USV Pharma) | | | |
| 05.00pm | TEA | | |
| 05.00- 05.45pm | Executive Committee Meeting (5-5.30pm) followed by General Body Meeting | | Venue: Conference Hall, AIIMS |
| 05.45-06.30 pm | Expert Group Meeting: Management Guidelines for AUB (Abnormal Uterine Bleeding) Chairperson: Dr Alka Kriplani , Co-Chairperson: Dr Nutan Agarwal (by Invitation only) | | Venue: Conference Hall, AIIMS (Bayer Zydus Pharma) |
| 07.00pm onwards | Welcome Dinner: Venue: C-II/15, Faculty Club, AIIMS, New Delhi | | |

Pre-Conference Workshop: Contraception in Focus- Rights and Choices (#5)

Date: 25th April 2014, Time: 09.00am-12.30pm
Venue: Technology Hall, CMET, AIIMS, New Delhi

Convener: **Dr Ritu Joshi, Dr J B Sharma**
Co-Convener: **Dr Sangeeta Gupta**

| Time | Topic | Speaker | Chairperson |
|--------------------|---|--|---|
| Session-I | | | |
| 09.00-09.20am | Emergency Contraception | Dr Sangeeta Shrivastava (Jabalpur) | Dr Tripta Gupta (Delhi), Dr Aradhana Singh (Noida), Dr Geeta Jain (Haldwani) |
| 09.20-09.40am | Long term Intrauterine contraception | Dr Ritu Joshi (Jaipur) | |
| 09.40-10.00am | Contemporary oral contraceptives | Dr Basab Mukherjee (Kolkata) | |
| Session-II | | | |
| 10.05-10.25am | Contraception in India | Dr Nomita Chandhiok (Delhi) | Dr SK Sikdar (Delhi) Dr Geeta Kinra (Delhi) Dr Beenu Singh Kushwah (Rewa) |
| 10.25-10.45am | Contraception in medical disorders | Dr Sujata Sharma (Amritsar) | |
| 10.45-11.05am | Change the way you look at the pill | Dr Johannes Bitzer (Switzerland) | |
| 11.05-11.15am | Inauguration& Lamp Lighting : Dr Alka Kriplani, Dr. Ritu Joshi, Dr J B Sharma, Dr Sangeeta Gupta | | |
| Session-III | | | |
| 11.20-11.35am | Generation next contraception | Dr Ganpat Sawant (Mumbai) | Dr Indu Chawla (Delhi) Dr Neeru Banerjee (Delhi) Dr Manju Arora (Delhi) |
| 11.35-11.50am | Myths and facts about contraception | Dr. Amiya Purandare (Mumbai) | |
| 11.50-12.05pm | PPIUCD- Revisited | Dr. Vatsla Dadhwal (Delhi) | |
| 12.10-12.40pm | Session-IV- Panel Discussion Contraception options-selecting the right match | Panelists: Dr Manjeet K Mohi (Patiala), Dr Manju Puri (Delhi), Dr Shobha Rani Sinha (Aurangabad), Dr Sangeeta Agarwal (Faridabad), Dr Reena Ahuja (Dehradun), Dr Shashwat Jani (Ahmedabad) Dr Manu Goyal (Delhi) | Moderators: Dr J B Sharma (Delhi) Dr AnuVij (Navi Mumbai) |
| (Bayer Zydus) | | | |
| 12.40-1.30 pm | Lunch | | |

Pre-Conference Workshop: Menopause- Life begins at 50 (#6)

(In Collaboration with Endocrine Committee of AOGD)

Date: 25th April 2014 Time: 01:30-05:00 pm
Venue: Technology Hall, CMET, AIIMS, New Delhi

Convener: **Dr Renu Misra, Dr Nutan Agarwal**
Co-Convener: **Dr Anupama Bahadur**

| Time | Topic | Speaker | Chairpersons |
|---|---|--|---|
| Session- I | | | |
| 01:30-01:35 pm | Opening Remarks | Dr Renu Misra (Delhi) | Dr Nimmi Chutani (Greater Noida), Dr Neema Sharma (Delhi) Dr Seema Mittal (Rewari) |
| 01:35-01:45 pm | Menopause Time for preventive health check | Dr Neelam Agarwal (Chandigarh) | |
| 01:45-02.00 pm | Osteoporosis changing of directions on management issues | Dr Veena Agarwal (Gwalior) | |
| 02.00-02.15pm | Balancing contraception & HRT needs at perimenopause | Dr Rinku Sengupta (Delhi) | |
| 02:15-02:30 pm | Inauguration& Lamp Lighting: Dr Alka Kriplani, Dr Renu Misra, Dr Nutan Agarwal | | |
| Session-II - Therapies | | | |
| 02:30-02:50 pm | Conventional HRT: Have we come a full circle? | Dr Renu Misra (Delhi) | Dr Malvika Sabarwal (Delhi) Dr Suman Tanwar (Bikaner) Dr Pooja Sikka (Chandigarh) |
| 02:50-03:10 pm | Bio-identical HRT (BIHRT) | Dr Krishna Doniparthi (USA) | |
| 03:10-03:30 pm | Alternative therapies: Do they work? | Dr Sunila Khandelwal (Jaipur) | |
| 03:30-03:45 pm | Life- Style Modifications | Dr Sushma Chawla (Jalandhar) | |
| Session-III- Prescribing HRT in various situations | | | |
| 03:50-04:05 pm | HRT in malignancies | Dr Kavita Singh (Jabalpur) | Dr Sumitra Bora (Jodhpur), Dr Pushpa Chandra (Delhi), Dr Kanika Gupta (Delhi) |
| 04:05-04:20 pm | HRT in Medical conditions | Dr Maninder Ahuja (Delhi) | |
| Session-IV - Panel discussion | | | |
| 04.25- 04.55 pm | Different case scenario | Panelists: Dr Asmita Rathore (Delhi), Dr Alka Sehgal (Chandigarh) Dr Sanjaya Sharma (Jhansi) Dr Usha Madan (Bhatinda) Dr Rohini Sehgal (Delhi) Dr Leena Wadhwa (Delhi) Dr Aruna Nigam (Delhi) | Moderator: Dr Nutan Agarwal |
| 04.55-5.00pm | Concluding Remarks- Dr Nutan Agarwal (Delhi) | | |
| (Eris Montana) | | | |
| 05.00pm | TEA | | |
| 05.00- 05.45pm | Executive Committee Meeting (5-5.30pm) followed by General Body Meeting | | Venue: Conference Hall, AIIMS |
| 05.45-06.30 pm | Expert Group Meeting: Management Guidelines for AUB (Abnormal Uterine Bleeding) | | Venue: Conference Hall, AIIMS |
| | Chairperson: Dr Alka Kriplani , Co-Chairperson: Dr Nutan Agarwal (by Invitation only) | | (Bayer Zydus) |
| 07.00pm Onwards | Welcome Dinner: Venue: C-II/15, Faculty Club, AIIMS, New Delhi | | |

Scientific Programme

26th April, 2014

Venue: Hotel Grand, Vasant Kunj, New Delhi

Day-1

| Time | Hall - A Infertility Master of ceremony: <i>Dr Meenakshi Sharma</i> (Delhi), <i>Dr Reema Kamal Bhatt</i> (Delhi) | Hall-B Pregnancy Endocrinology Master of ceremony: <i>Dr Aparna Sharma</i> (Delhi), <i>Dr Prerna Gupta</i> (Delhi) | Hall C Gynae Endocrinology Master of ceremony: <i>Dr Reeta Mahey</i> (Delhi) |
|-----------------|--|--|--|
| 08.00am | Registration | | |
| 08.00-09.00am | Free Paper Chairpersons: <i>Dr Aruna Nigam</i> (Delhi) <i>Dr Neha Gami</i> (Delhi), <i>Dr Savithri Sowmya</i> (Delhi) | Free Paper Chairpersons: <i>Dr Bindiya Gupta</i> (Delhi), <i>Dr Shakun Tyagi</i> (Delhi) <i>Dr Vani Malhotra</i> (Rohtak) | Free Paper Chairpersons: <i>Dr Alka Sinha</i> (Delhi), <i>Dr Sonal Bathla</i> (Delhi) <i>Dr Divya Awasthi</i> (Chandigarh) |
| 09.00-09.50am | BASICS OF INFERTILITY Chairpersons: <i>Dr Abha Singh</i> (Delhi) <i>Dr Shashi Prateek</i> (Meerut), <i>Dr A Agarwal</i> (Ghaziabad) • Hysteroscopy in infertility: Turn your practice into perfection- <i>Dr Osama Shawki</i> (Egypt) • When to refer a patient for IVF- <i>Dr Kaberi Banerjee</i> (Delhi) • Ten secrets of ovulation induction- <i>Dr Jaideep Malhotra</i> (Agra) | THYROID IN PREGNANCY Chairpersons: <i>Dr Suwarna Basutkar</i> (Solapur) <i>Dr Mamta Gupta</i> (Delhi) <i>Dr A Santa Singh</i> (Shillong) • Managing hypothyroidism in pregnancy- <i>Dr Rohini Deshpande</i> (Solapur) • Subclinical hypothyroidism-screening and management- <i>Dr Sujata Mishra</i> (Cuttack) • Hyperthyroidism in pregnancy: Optimising outcome- <i>Dr Arup K Majhi</i> (Kolkata) | PCOS-Basics Chairpersons: <i>Dr Bharti Maheshwari</i> (Meerut) <i>Dr Poonam Shivkumar</i> (Wardha), <i>Dr Amarjeet Ratan</i> (Ludhiana) • Rationale in use of Metformin in PCOS: <i>Dr Sowbarnika</i> (Chennai) • Life style modification in PCOS- <i>Dr Roya Rozatti</i> (Hyderabad) • Fetal origin of PCOS- <i>Dr Prakash Bhatt</i> (Surat) |
| 09.50- 10.40am | MIXED BAG Chairpersons: <i>Dr Rukma Idnani</i> (Meerut), <i>Dr Jyotsna Suri</i> (Delhi), <i>Dr Sasmitha Dash</i> (Karimnagar) • Hyperinsulinemia in Infertility- <i>Dr M K Valsan</i> (Malappuram) • Intersex demystified- <i>Dr Dipika Deka</i> (Delhi) • Management of Hirsutism: Current trends- <i>Dr Alka Kriplani</i> (Delhi) | RECURRENT PREGNANCY LOSS Chairpersons: <i>Dr Madhu Rajpal</i> (Agra), <i>Dr Sanjivni Khanna</i> (Delhi), <i>Dr Ramandeep Kaur</i> (Delhi) • Investigations in a case of RPL- <i>Dr Sukumar Barik</i> (Kolkata) • Role of progesterone in RPL- <i>Dr Shantha K</i> (Hyderabad) • Infective etiologies and role of probiotics in RPL- <i>Dr Vidya Pancholia</i> (Indore) <i>(Sun Pharma Spectra)</i> | DRUGS Chairpersons: <i>Dr Suneeta Mittal</i> (Gurgaon) <i>Dr Neelam Mishra</i> (Kanpur) <i>Dr Pratibha Singhal</i> (Noida) • Metalloestrogens- <i>Dr H Senanayake</i> (Sri Lanka) • Ormoxifene in AUB- <i>Dr Ramesh B</i> (Bengaluru) • Cabergoline in Obs-Gynae Practice- <i>Dr Phagun Shah</i> (Ahmedabad) • Vitamin D use & abuse - <i>Dr Rajesh Khadgawat</i> (Delhi) |
| 10.40- 11.00 am | Tea | | |
| 11.00- 12.10 pm | INFERTILITY –THE SOIL AND THE SEED Chairpersons- <i>Dr Renu Misra</i> (Delhi) <i>Dr Ritu Joshi</i> (Jaipur), <i>Dr Madhu Loomba</i> (Kanpur) • Hormonal evaluation during ovulation induction: Good, Bad, Ugly- <i>Dr Ameet Patki</i> (Mumbai) • Effect of ovarian stimulation on endometrial receptivity- <i>Dr Nalini Mahajan</i> (Delhi) (NOVA IVI) • Future of Human Reproduction: Where are we headed?- <i>Dr Narendra Malhotra</i> (Agra) | DIABETES MELLITUS IN PREGNANCY Chairpersons: <i>Dr Sunesh Kumar</i> (Delhi) <i>Dr Raj Rani Sharma</i> (Udaipur), <i>Dr Geeta Chaddha</i> (Delhi) • Role of oral hypoglycemics in management of diabetes in pregnancy- <i>Dr Nutan Agarwal</i> (Delhi) • GDM : Changing scenario- <i>Dr U Thanawala</i> (Navi Mumbai) • Tribulations & triumphs in GDM care in India- <i>Dr Hema Divakar</i> (Bengaluru) | MENOPAUSE Chairpersons- <i>Dr Reva Tripathi</i> (Delhi), <i>Dr N P Kaur</i> (Delhi) <i>Dr Ila Gupta</i> (Delhi) • Menopause and weight gain- <i>Dr Purnima Chawdhary</i> (USA) • Dynamism of Ovarian hormones in various stages of Menopause- <i>Dr Sanjay Gupte</i> (Pune) • Premature Ovarian Failure- <i>Dr Kamini Rao</i> (Bengaluru) |

Scientific Programme

| | | | |
|-----------------|---|--|--|
| 12.10-01.20pm | PANEL DISCUSSION Optimizing results in IVF Moderator: <i>Dr Rishma Dhillon Pai</i> (Mumbai), <i>Dr Hrishikesh Pai</i> (Mumbai) Panelists: <i>Dr Nandita Palshetkar</i> (Mumbai) <i>Dr Sonia Malik</i> (Delhi), <i>Dr Gouri Devi</i> (Delhi), <i>Dr Neeta Singh</i> (Delhi), <i>Dr Rita Bakshi</i> (Delhi), <i>Dr S Dhaneti</i> (Vishakhapatnam) <i>Dr Vandana Bansal</i> (Allahabad) | KEYNOTE ADDRESSES Chairpersons: <i>Dr S N Mukherjee</i> (Delhi), <i>Dr Alka Kriplani</i> (Delhi) <i>Dr Rangila Sinha</i> (Muzaffarpur) <ul style="list-style-type: none"> PCOS in adolescents- <i>Dr Suchitra Pandit</i> (Mumbai) Mirena: Let your first choice be the best choice- <i>Dr Johannes Bitzer</i> (Switzerland) Past, Present and Future of combined hormonal contraception- <i>Dr Nozer Sheriar</i> (Mumbai) | MIXED BAG Chairpersons- <i>Dr Amita Suneja</i> (Delhi) <i>Dr Ranjana Sharma</i> (Delhi) <i>Dr Geeta Mediratta</i> (Delhi) <ul style="list-style-type: none"> Neuroendocrinology of urinary incontinence- <i>Dr Prakash Trivedi</i> (Mumbai) Effect of estrogen supplementation on female continence- <i>Dr Vineet Mishra</i> (Ahmedabad) Cosmetic genital surgeries- <i>Dr Rakesh Kalra</i> (Dehradun) |
| 01.20-02.00pm | LUNCH & POSTER VIEWING: Judges- <i>Dr Nutan Agarwal</i> (Delhi), <i>Dr Vidushi Kulshrestha</i> (Rishikesh), <i>Dr Abhilasha Gupta</i> (Meerut), <i>Dr Sanjaya Sharma</i> (Jhansi), <i>Dr Meenakshi Sharma</i> (Delhi) | | |
| 02.00-03.00pm | DEBATES Chairpersons- <i>Dr Shakti Bhan Khanna</i> (Delhi), <i>Dr Anjali Tempe</i> (Delhi), <i>Dr Shubha Sagar Trivedi</i> (Delhi) <ul style="list-style-type: none"> Ovarian Drilling-Still has a Role FOR: <i>Dr Bhaskar Pal</i> (Kolkata) AGAINST: <i>Dr S Agarwal</i> (Raipur) Fibroid in infertility- Better out than in FOR: <i>Dr Jyoti Mishra</i> (Delhi) AGAINST: <i>Dr A Bahadur</i> (Delhi) AMH- An overated marker for Ovarian Reserve FOR: <i>Dr Rajat Ray</i> (Rourkela) AGAINST: <i>Dr S Prasad</i> (Delhi) | PANEL DISCUSSION Modern management of menopause Moderator: <i>Dr P C Mahapatra</i> (Cuttack), <i>Dr Indrani Ganguli</i> (Delhi) Panelists: <i>Dr Sharda Jain</i> (Delhi) <i>Dr Neerja Goel</i> (Delhi) <i>Dr Abha Singh</i> (Raipur), <i>Dr Rekha Mehra</i> (Delhi), <i>Dr Sadhana Gupta</i> (Gorakhpur) <i>Dr Yashodhara Pradeep</i> (Lucknow) <i>Dr Dilip Gadhavi</i> (Ahd) (Eris Montana) | COSMETOLOGY – BODY & SKIN Chairpersons- <i>Dr Gauri Gandhi</i> (Delhi) <i>Dr Mitra Saxena</i> (Rewari) <i>Dr Kawita Bapat</i> (Indore) <ul style="list-style-type: none"> Common and Uncommon skin changes in Pregnancy (Luciara)- <i>Dr S M Bhattacharya</i> (Kolkata) (Bayer Zydus) Body contouring- <i>Dr Vipul Nanda</i> (Gurgaon) Hirsutism: laser treatment- <i>Dr P K Talwar</i> (Delhi) Management of acne- <i>Dr Neena Khanna</i> (Delhi) |
| 03.00-04.00pm | GENERAL GYNAE- ENDOCRINOLOGY Chairpersons: <i>Dr C H Trivedi</i> (Surat) <i>Dr Neerja Bhatla</i> (Delhi) <i>Dr Rajat Mohanty</i> (Orissa) <ul style="list-style-type: none"> Recurrent Endometriosis and Infertility- <i>Dr Arun M Barua</i> (Dibrugarh) Turner syndrome- Gynaecologist's prospective- <i>Dr Ashma Rana</i> (Nepal) Prevention and treatment of vulvovaginal atrophy- <i>Dr Saroj Singh</i> (Agra) | CONTROVERSIES Chairpersons: <i>Dr Kamal Buckshee</i> (Noida) <i>Dr S N Basu</i> (Delhi) <i>Dr Priti bala Sahay</i> (Ranchi) <ul style="list-style-type: none"> Universal adoption of WHO Diagnostic Criteria for GDM- YES: <i>Dr Alok Sharma</i> (Shimla) NO: <i>Dr Reeti Mehra</i> (Chandigarh) Progesterone can replace Cerclage in prevention of preterm Labour- YES: <i>Dr Kiran Guleria</i> (Delhi) No: <i>Dr B S Jodha</i> (Jodhpur) Fetal Reduction is justifiable in twin pregnancy – YES- <i>Dr Alka Saraswat</i> (Agra) NO- <i>Dr Leela Vyas</i> (Jaipur) | PANEL DISCUSSION: Abnormal Uterine Bleeding Moderator: <i>Dr Alka Kriplani</i> (Delhi) Co-moderator: <i>Dr Purna Gupta</i> (Delhi) Panelists: <i>Dr Nalini Mishra</i> (Raipur), <i>Dr Sanjivni Khanna</i> (Delhi), <i>Dr Nisha Kapoor</i> (Faridabad), <i>Dr Pushpa Dahiya</i> (Rohtak), <i>Dr Ragini Agarwal</i> (Gurgaon) <i>Dr Vidushi Kulshreshtha</i> (Rishikesh), <i>Dr Meenakshi Sharma</i> (Delhi) (Torrent) |
| 04.00-04.45pm | Quiz on Gynae Endocrinology: Quiz master-Dr KK Roy, Dr Aparna Sharma | | |
| 04.45-05.15pm | Tea & Exhibition | | |
| 05.15-06.15pm | PLENARY SESSION Chairpersons- <i>Dr Sharda Jain</i> (Delhi), <i>Dr Alka Kriplani</i> (Delhi), <i>Dr Nutan Agarwal</i> (Delhi) GESI Oration: Contemporary approaches to PCOS management: <i>Dr Bharati Dhorepatil</i> (Pune) Guest Lecture: Thyroid dysfunction and reproduction in women: <i>Dr Salim Daya</i> (Canada) | | |
| 06.15-07.00pm | INAUGURATION | | |
| 07.00-08.30pm | Cultural Programme Conveners: <i>Dr Neeta Singh</i> (Delhi), <i>Dr Sangeeta Gupta</i> (Delhi), <i>Dr K Aparna Sharma</i> (Delhi) | | |
| 08.30pm onwards | Banquet | | |

Scientific Programme

27th April, 2014

Venue: Hotel Grand, Vasant Kunj, New Delhi

Day-2

| Time | Hall-A Infertility Master of ceremony: <i>Dr Anupama Bahadur</i> (Delhi), <i>Dr Nilanchali Singh</i> (Delhi) | Hall-B Pregnancy Endocrinology Master of Ceremony: <i>Dr Rohini Sehgal</i> (Delhi) <i>Dr Meenakshi Shankar</i> (Delhi) | HALL C Gynae Endocrinology Master of Ceremony : <i>Dr Garima Kachhawa</i> (Delhi) <i>Dr Manu Goyal</i> (Delhi) |
|---------------|---|---|--|
| 08.00am | Registration | | |
| 08.00-09.00am | Free Paper Chairpersons- <i>Dr Biswa Bhushan Dash</i> (Delhi), <i>Dr Sharda Patra</i> (Delhi) <i>Dr Nilanchali Singh</i> (Delhi) | Free Paper Chairpersons- <i>Dr Pikee Saxena</i> (Delhi), <i>Dr Rohini Sehgal</i> (Delhi), <i>Dr Swati Kochar</i> (Bikaner) | Free Paper Chairpersons- <i>Dr Reema K Bhatt</i> (Delhi) <i>Dr Leena Wadhwa</i> (Delhi) <i>Dr Neetu Sareen</i> (Delhi) |
| 09.00-09.50pm | MALE INFERTILITY-BASICS Chairpersons: <i>Dr Shalini Singh</i> (Delhi), <i>Dr Anupreet Chawla</i> (Gurgaon) <i>Dr Alka Gahlot</i> (Jaipur) • Genetics of male infertility- <i>Dr Ashutosh Halder</i> (Delhi) • Role of thyroid in male reproduction- <i>Dr Anand Kumar</i> (Delhi) • Metabolic syndrome & male reproduction- <i>Dr Ashraf Ganie</i> (Delhi) | MIXED BAG Chairpersons: <i>Dr K K Roy</i> (Delhi), <i>Dr Neetu Rastogi</i> (Moradabad), <i>Dr Prabhjot Kaur</i> (Karnal) • Evaluating a case of Primary Amenorrhoea- <i>Dr Kiran Pandey</i> (Kanpur) • Investigations & Management of a case of Secondary Amenorrhoea- <i>Dr Smiti Nanda</i> (Rohtak) • Vit D in pregnancy- <i>Dr Vinita Das</i> (Lucknow) | PMS AND CLIMACTERIC Chairpersons- <i>Dr Vandana Narula</i> (Gurgaon) <i>Dr Araghya Maitra</i> (Kolkata) <i>Dr Kanupriya Jain</i> (Ludhiana) • Premenstrual Syndrome- Criteria for Diagnosis: <i>Dr Deepti Goswami</i> (Delhi) • Premenstrual syndrome: Therapeutic Options: <i>Dr R Khanna</i> (Allahabad) • New Approaches in the management of Menopause: <i>Dr Atul Munshi</i> (Ahmedabad) |
| 09.50-10.40pm | MALE INFERTILITY Chairpersons: <i>Dr Poonam Sachdeva</i> (Delhi), <i>Dr Raj Kumar Yadav</i> (Delhi), <i>Dr Neeta Dhabhai</i> (Faridabad) • Proteomics in Reproductive Physiology: <i>Dr Savita Yadav</i> (Delhi) • Assessment of sperm parameters & function test in male infertility – <i>Dr MM Misro</i> (Delhi) • Approach to a case of male infertility <i>Dr Gita Radhakrishnan</i> (Delhi) | PANEL DISCUSSION: Osteoporosis: A Silent Killer- Prevention and Treatment Moderator: <i>Dr R Pardesi</i> (Aurangabad) <i>Dr Ajay Mane</i> (Aurangabad) Panelists: <i>Dr PP Kotwal</i> (Delhi), <i>Dr Ambrish Mithal</i> (Delhi) <i>Dr Archana Verma</i> (Ghaziabad) <i>Dr Achla Batra</i> (Delhi) <i>Dr Savita Mehendale</i> (Pune) <i>Dr Madhu Srivastava</i> (Noida) | NEWER DRUGS Chairpersons- <i>Dr Sunita Lamba</i> (Delhi), <i>Dr M Mahajan</i> (Gurgaon) <i>Dr Sonia Naik</i> (Delhi) • Sildenafil: <i>Dr Archana Baser</i> (Indore) • DHEAS: <i>Dr Garima Kachhawa</i> (Delhi) • Oestrogens: My friend My Enemy <i>Dr H Deshpande</i> (Pune) • Tibolone: <i>Dr Krishnendu G</i> (Kolkata) |
| 10.40-11.00am | Tea | | |
| 11.00-12.10pm | ART Chairpersons: <i>Dr Usha Sharma</i> (Meerut), <i>Dr Meenakshi B Chauhan</i> (Rohtak), <i>Dr Narendra Gupta</i> (Jaipur) • Stimulation protocols in ART- <i>Dr Kanthi Bansal</i> (Ahmedabad) • ART in PCOS: <i>Dr M L Swarnkar</i> (Jaipur) • ART in Endometriosis-A Clinician's dilemma <i>Dr Kuldeep Jain</i> (Delhi) | KEYNOTE ADDRESSES Chairpersons: <i>Dr Sonia Malik</i> (Delhi) <i>Dr Neera Agarwal</i> (Delhi) <i>Dr Roza Oliyai</i> (Gwalior) • Endometrium - Embryo: A two way Dialogue- <i>Dr Sunita Tendulwarkar</i> (Pune) • Fertility preservation- an increasing social need in present day society- <i>Dr Shailaja Nair</i> (UK) • Luteal phase defects- <i>Dr Salim Daya</i> (Canada) (Abbott) | PITUITARY AND GROWTH Chairpersons- <i>Dr C Raghunandan</i> (Delhi), <i>Dr M Dogra</i> (Chandigarh) <i>Dr Mala Srivastava</i> (Delhi) • Hypogonadotropic Amenorrhoea: <i>Dr L Dhaliwal</i> (Chandigarh) • Postpartum pituitary disease- <i>Dr AH Zargar</i> (Srinagar) • Turner syndrome: Optimising outcome and height- <i>Dr Nalini Shah</i> (Mumbai) |

Scientific Programme

| | | | |
|---------------|---|---|---|
| 12.10-01.20pm | <p>ENDOMETRIOSIS Chairpersons- Dr Brig K K Kapoor (Delhi) Dr Nirmala Agarwal (Delhi) Dr Anju Soni (Jaipur)</p> <ul style="list-style-type: none"> Advances in medical management of Endometriosis: Dr T Ramani Devi (Trichy) Endometriosis- Surgical Solutions: Dr Sanjay Patel (Ahmedabad) Managing pain in Endometriosis: Dr Muralidhar V Pai (Manipal) <p style="text-align: center;">Sun Pharma (Inca)</p> | <p>PANEL DISCUSSION: Managing critical cases of pregnancy with endocrinal crisis Moderators: Dr Alpesh Gandhi (Pune), Dr Anuradha Khanna (Varanasi) Panelists: Dr Sangeeta Gupta (Delhi), Dr Anju Huria (Chandigarh), Dr Swati Garg (Jaipur), Dr Gayatri Thaker (Jamnagar), Dr Prakash Mehta (Begaluru), Dr Nalini Anand (Jamnagar), Dr Amol Lunkad (Pune)</p> | <p>OBESITY Chairpersons: Dr Urmil Sharma (Delhi), Dr S K Agarwal (Delhi) Dr Himanshu Bhushan (Delhi)</p> <ul style="list-style-type: none"> Medical management of Obesity- How effective?: Dr S Wangnoo (Delhi) Surgical Management of Obesity- Current Concepts: Dr Ajay Kriplani (Delhi) Obesity- A growing menace in adolescence- Dr Pratima Mittal (Delhi) |
| 01.20-02.00pm | <p>LUNCH & POSTER VIEWING: Judges- Dr Nutan Agarwal (Delhi), Dr Vidushi Kulshreshta (Rishikesh), Dr Abhilasha Gupta (Meerut), Dr Sanjaya Sharma (Jhansi), Dr Meenakshi Sharma (Delhi)</p> | | |
| 02.00-03.00pm | <p>IMAGING Chairpersons: Dr Sudha Salhan (Delhi), Dr Anjila Aneja (Delhi) Dr Neera Agarwal (Bareilly)</p> <ul style="list-style-type: none"> Understanding nuances of follicle monitoring- Dr Varun Duggal (Delhi) Uterine imaging in infertility- Dr Mahesh Gupta (Ahmedabad) Role of 3D & 4D USG in infertility practice- Dr Ashok Khurana (Delhi) | <p>MIXED BAG Chairpersons: Dr Pushpa Singh (Delhi), Dr Anita Sabharwal (Delhi) Dr Jaya Chaturvedi (Rishikesh)</p> <ul style="list-style-type: none"> Myoma & their Endocrine Connotation- Dr Mala Arora (Faridabad) Adenomyosis- recent advances in management- Dr Rekha Kurian (Chennai) New guidelines for PCOS- Dr Shimon Segal (USA) | <p>MEDICOLEGAL ISSUES: Chairpersons: Dr G K Tripathi (Azamgarh) Dr Ritu Santwani (Pune) Dr P Vanamail (Delhi)</p> <ul style="list-style-type: none"> Medicolegal & Ethical Issues in Gynae-endocrine cases: Dr M C Patel (Ahmedabad) <p>Judge: Dr Atul Munshi (Ahmedabad)</p> <p>MOOT COURT Moderator: Dr M C Patel (Ahmedabad) Doctor playing patient- Dr Dipak H Bhagde (Ahd) Treating doctor: Dr Phagun Shah (Ahd) Advocate for patient/ Relatives: Dr G K Tripathi (Azamgarh) Advocate for treating doctor: Dr Aparna Sharma (Delhi)</p> |
| 03.00-04.00pm | <p>FEMALE SEXUAL DYSFUNCTION Chairpersons: Dr Swaraj Batra (Delhi) Dr J B Sharma (Delhi) Dr Poonam Goel (Chandigarh),</p> <ul style="list-style-type: none"> Defences available to a doctor in a medicolegal case- Dr Hitesh Bhatt (Mumbai) Beautiful mind & ageless body Dr Neelima Sompura (Baroda) Female sexual dysfunction: the Indian story- Dr Navneet Magon (Jorhat) | <ul style="list-style-type: none"> WHO session on contraceptive update: Dr Arvind Mathur (Delhi) | <p>PANEL DISCUSSION: Amenorrhea-Case Discussion Moderator: Dr S Khadilkar (Mumbai) Co-moderator: Dr Reeta Mahey (Delhi) Panelists: Dr Meera Agnihotri (Kanpur), Dr Veena Acharya (Jaipur), Dr Vatsla Dadhwal (Delhi), Dr Manju Khemani (Delhi), Dr Dinesh Kansal (Delhi), Dr Meena Bhargava (Rewa)</p> |
| 04.00-05.00pm | <p>Valedictory: Master of Ceremony- Dr Alka Kriplani (Delhi) Dr Nutan Agarwal (Delhi) Dr Garima Kachhawa (Delhi)</p> | | |
| 05.00pm | <p>Tea</p> | | |

Lots of awards for best papers & posters

***Preliminary Theory Round of Quiz**
Time: 01.00-02.00 pm; 25th April 2014
Venue: **Seminar Room, Deptt Obs & Gynae, AIIMS, New Delhi**
Contact: **Dr KK Roy**-9811317011; drkkroy2003@yahoo.co.in
Dr K Aparna Sharma-9711824415; kaparnasharma@gmail.com
GESI Email: gesi.india@gmail.com

Lucky Draws at Valedictory

Pre-Congress Workshops: 25th April, 2014 at AIIMS, New Delhi

| Time | Auditorium | Board Room | Conference Hall |
|---------------|--------------------------------|--------------|--------------------|
| 09.00-12.30pm | Ovulation Induction + IUI [#1] | Obesity [#3] | Contraception [#5] |
| 1.30-5.00 pm | IVF [#2] | GDM [#4] | Menopause [#6] |

Call for Abstract: Delegates are invited to submit scientific abstract (not more than 250 words) in standard format on interesting cases, case series or research work in Endocrinology and miscellaneous (non-endocrinology) for oral and poster presentation. Registration is mandatory for abstract submission. **Abstract should be mailed as attached file to gesi.india@gmail.com before 1st April, 2014.** Many awards will be given for Best papers & Poster presentations.

Quiz: There will be a Quiz on "Gynae Endocrinology". Preliminary theory round will be held on 25th April, 2014 at 1.00pm, AIIMS & Final Quiz will be held during the conference. It is open to all delegates below 40 years of age. Conference Registration is mandatory for participation in Quiz.

Registration Fee

| Registration Fees | Conference | | | Workshops |
|---|------------|------|--------------|-----------|
| | Members | PGs | Non- Members | |
| Till 31 st January, 2014 | 4000 | 3000 | 4500 | 800 |
| 1 st February upto 31 st March, 2014 | 4500 | 3500 | 5000 | 1000 |
| 1 st April, 2014 upto 15 th April, 2014 | 5000 | 4000 | 5500 | 1200 |
| Spot | 5500 | 4500 | 6000 | 1200 |

Registration includes: Conference fees, Registration kit, Lunches, Welcome Dinner on 25th April, 2014

The workshop registration fee includes any two workshops (one morning and one evening)

Conference registration is mandatory for registration in workshops

Registration kit not guaranteed for spot registration

Welcome Dinner on 25th April, 2014, 7.00pm onwards at Faculty Club, AIIMS, New Delhi

Cultural programme on 26th April, 2014 from 7.00 to 8.30pm at Hotel Grand, Vasant Kunj, New Delhi

Banquet on 26th April, 2014, 8.30pm onwards at Hotel Grand, Vasant Kunj, New Delhi

Cheque to be drawn in favour of "GYNAE ENDOCRINE SOCIETY OF INDIA" and to be sent to GESI Secretariat payable at Delhi

| Residential Package at Hotel Grand, Vasant Kunj, New Delhi | Single Occupancy | Twin Sharing |
|--|------------------|----------------|
| Till 31 st March, 2014 | 28000 | 18000 per head |
| From 1 st April till 15 th April | 32000 | 22000 per head |

Residential Package for 3 Nights 4 Days (Check in after 12 pm on 24th April, 2014 & Check out before 12 pm on 27th April 2014) is inclusive of: Accommodation for 3 Nights & 4 Days with breakfast, Conference & Workshop Registration fee, Lunches on 25th, 26th & 27th April, 2014, at conference venue, Welcome Dinner on 25th April, 2014, Registration kit, Inauguration.

Life Membership Registration fee for "Gynae Endocrine Society of India"; 5000/-, Download form at www.gynaendocrine.org

GESI SECRETARIAT

DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY

Room No: 3076, 3rd floor, Teaching Block, All India Institute of Medical Sciences,
Ansari Nagar, New Delhi-110029

CONTACT NO: 011-26594933, 011-26593221, E-MAIL: gesi.india@gmail.com

Website: www.gynaendocrine.org

International faculty

Dr Ashma Rana (Nepal)
Dr Eszter Losonczi (Hungary)
Dr Hemantha Senanayake (Srilanka)

Dr Johannes Bitzer (Switzerland)
Dr Krishna Doniparthi (USA)
Dr Osama Shawki (Egypt)

Dr Pere Mir Pardo (Spain)
Dr Purnima Chawdhary (USA)
Dr Salim Daya (Canada)

Dr Shailaja Nair (UK)
Dr Shimon Segal (USA)

National Faculty

Dr A H Zargar (Srinagar)
Dr A K Kriplani (Delhi)
Dr Abha Singh (Raipur)
Dr Abha Singh (Delhi)
Dr Abhilasha Chaturvedi (Allahabad)
Dr Abhilasha Gupta (Meerut)
Dr Achla Batra (Delhi)
Dr Ajay Mane (Aurangabad)
Dr Alka Gahlot (Jaipur)
Dr Alka Saraswat (Agra)
Dr Alka Sehgal (Chandigarh)
Dr Alka Sinha (Delhi)
Dr Alok Sharma (Shimla)
Dr Alpana Agarwal (Ghaziabad)
Dr Alpesh Gandhi (Ahmedabad)
Dr Abanish Tiwari (Delhi)
Dr Amarjeet Ratan (Ludhiana)
Dr Ameet Patki (Mumbai)
Dr Ameya Purandare (Mumbai)
Dr Amol Lunkad (Pune)
Dr Anu Vij (Navi Mumbai)
Dr Ambrish Mithal (Delhi)
Dr Amita Suneja (Delhi)
Dr Anand Kumar (Delhi)
Dr Anita Sabharwal (Delhi)
Dr Anjali Tempe (Delhi)
Dr Anjila Neja (Delhi)
Dr Anju Huria (Chandigarh)
Dr Anshu Jindal (Meerut)
Dr Anupreet Chawla (Delhi)
Dr Anuradha Khanna (Varanasi)
Dr Aradhana Singh (Noida)
Dr Archana Baser (Indore)
Dr Archana Luthra Seth (Dehradun)
Dr Archana Verma (Ghaziabad)
Dr Arghya Maitra (Kolkata)
Dr Arti Marwah Luthra (Dehradun)
Dr Arun Madhab Boruah (Dibrugarh)
Dr Arup K Majhi (Kolkata)
Dr Aruna Nigam (Delhi)
Dr Arvind Mathur (Delhi)
Dr Asha Baxi (Indore)
Dr Ashok Khurana (Delhi)
Dr Ashok Kumar (Delhi)
Dr Ashraf Ganie (Delhi)
Dr Ashutosh Halder (Delhi)
Dr Asmita Rathore (Delhi)
Dr Atul Munshi (Ahmedabad)
Dr B B Dash (Delhi)
Dr B S Jodha (Jodhpur)
Dr Basab Mukherjee (Kolkata)
Dr Beenu Singh (Rewa)
Dr Bharti Dhorepatil (Pune)
Dr Bharati Maheshwari (Meerut)
Dr Bhaskar Pal (Kolkata)
Dr Bindiya Gupta (Delhi)
Dr C H Trivedi (Surat)
Dr C N Purandare (Mumbai)
Dr Charu Mittal (Gwalior)
Dr Chitra Raghunandan (Delhi)
Dr D Takkar (Delhi)
Dr Deepti Goswami (Delhi)
Dr Dinesh Kansal (Delhi)
Dr Dipak H Bhagde (Jamnagar)
Dr Divya Awasthi (Chandigarh)
Dr Gajendra Kant Tripathi (Azamgarh)
Dr Ganpat Sawant (Mumbai)
Dr Gauri Gandhi (Delhi)
Dr Gayatri Thaker (Jamnagar)
Dr Geeta Chadha (Delhi)
Dr Geeta Jain (Haldwani)
Dr Geeta Kinra (Delhi)
Dr Geeta Mediratta (Delhi)
Dr Girija Wagh (Pune)
Dr Gita Radhakrishnan (Delhi)
Dr Gouri Devi (Delhi)
Dr Hema Divakar (Bengaluru)
Dr Hemant Deshpande (Pune)
Dr Hitesh Bhatt (Mumbai)
Dr Hrishikesh Pai (Mumbai)

Dr Ila Gupta (Delhi)
Dr Indrani Ganguli (Delhi)
Dr Indu Chawla (Delhi)
Dr Jaideep Malhotra (Agra)
Dr Jatin Shah (Mumbai)
Dr Jaya Chaturvedi (Rishikesh)
Dr Jyoti Agarwal (Delhi)
Dr Jyoti Bali (Delhi)
Dr Jyoti Bhaskar (Delhi)
Dr Jyoti Mishra (Delhi)
Dr Jyotsna Suri (Delhi)
Dr Jyothika Desai (Bengaluru)
Dr K D Nayar (Delhi)
Brig K K Kapoor (Delhi)
Dr Kaberi Banerjee (Delhi)
Dr Kamal Buckshee (Delhi)
Dr Kamini Rao (Bengaluru)
Dr Kanika Gupta (Delhi)
Dr Kanthi Bansal (Ahmedabad)
Dr Kanupriya Jain (Ludhiana)
Dr Kavita Singh (Jabalpur)
Dr Kawita Bapat (Indore)
Dr Kiran Guleria (Delhi)
Dr Kiran Pandey (Kanpur)
Dr Krishnendu Gupta (Kolkata)
Dr Kuldeep Jain (Delhi)
Dr Kumud Pasricha (Jalandhar)
Dr L K Dhaliwal (Chandigarh)
Dr Laita Badhwar (Delhi)
Dr Leela Vyas (Jaipur)
Dr Leena Wadhwa (Delhi)
Dr M C Patel (Ahmedabad)
Dr M K Valsan (Malappuram)
Dr M L Swarankar (Jaipur)
Dr M M Misro (Delhi)
Dr Madhu Loomba (Kanpur)
Dr Madhu Nagpal (Amritsar)
Dr Madhu Rajpal (Agra)
Dr Madhu Srivastava (Noida)
Dr Madhuri Patil (Bengaluru)
Dr Mahesh Gupta (Ahmedabad)
Dr Mala Arora (Faridabad)
Dr Mala Srivastava (Delhi)
Dr Malvika Sabharwal (Delhi)
Dr Mamta Gupta (Delhi)
Dr Mangla Dogra (Chandigarh)
Dr Maninder Ahuja (Faridabad)
Dr Manisha Chowdhary (Jaipur)
Dr Manjeet K Mohi (Patiala)
Dr Manju Khemani (Delhi)
Dr Manju Arora (Delhi)
Dr Manju Puri (Delhi)
Dr Manvita Mahajan (Gurgaon)
Dr Meena Bhargav (Rewa)
Dr Meenakshi B Chauhan (Rohtak)
Dr Meenakshi Sharma (Delhi)
Dr Meenakshi Sauhta (Gurgaon)
Dr Meera Agnihotri (Kanpur)
Dr Mitra Saxena (Rewari)
Dr Monika Chauhan (Jabalpur)
Dr Murlidhar V Pai (Manipal)
Dr N P Kaur (Delhi)
Dr Nalini Mahajan (Delhi)
Dr Nalini Mishra (Raipur)
Dr Nalini Shah (Mumbai)
Dr Nandita Palshetkar (Mumbai)
Dr Narendra Malhotra (Agra)
Dr Narendra Gupta (Jaipur)
Dr Navneet Magon (Jorhat)
Dr Neelam Mishra (Kanpur)
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Original International Innovator

Diane 35

2 mg cyproterone acetate / 0.035 mg ethinyl estradiol

Celebrating



OF RESTORING CONFIDENCE

Treatment of choice for women with androgen-related disorders



- Relieves acne, seborrhea and hirsutism.¹⁻³
- Highly effective for grade IV papular and pustular inflammatory lesions.⁴
- Effective for treatment of androgenetic alopecia and hirsutism.⁵
- Normalizes hormonal profile in PCOS.⁶

Reference 1. Aydinlik S et al. Long-term therapy of signs of androgenisation with a low-dosed antiandrogen-oestrogen combination. CLINICAL TRIALS JOURNAL. 1990; 27(6):392-402. 2. Barth JH et al. Cyproterone acetate for severe hirsutism: results of a double-blind dose-ranging study. Clin Endocrinol (Oxf). 1991 Jul;35(1):5-10. 3. Porcile A. Long-term treatment of hirsutism: desogestrel compared with cyproterone acetate in oral contraceptives. Fertility and Sterility 1991, 55(5):877-881. 4. Gollrick H et al. The efficacy of oral cyproterone-acetate in combination with ethinylstradiol in acne tarda of the facial type. Journal of Dermatological treatment. 1998; 9:71-79. 5. Lumachi F et al. Use of cyproterone acetate, finasteride, and spironolactone to treat idiopathic hirsutism. Fertility and Sterility 2003; 79 (4): 942-946. 6. Prelevic G. M. Effects of a low-dose estrogen-antiandrogen combination (Diane-35) on clinical signs of androgenization, hormone profile and ovarian size in patients with polycystic ovary syndrome. Gynecological Endocrinology 1989;3.4:269-280.

Abridged Prescribing Information Diane-35[®]

Composition: 21 hormone-containing beige coated tablets: Each coated tablet contains 0.035 mg ethinylstradiol, 2.0 mg cyproterone acetate. **Indication:** Androgen dependant diseases in women such as acne, alopecia and mild form of hirsutism. **Dosage & Administration:** Diane-35 is to be taken regularly in order to achieve the therapeutic efficacy and the required contraceptive protection. Previously used hormonal contraception should be discontinued. The dose regimen of Diane-35 is similar to the usual regimen of most of the combined oral contraceptives. Tablets must be taken in the order directed on the package every day at about the same time with some liquid as needed. One tablet is to be taken daily for 21 consecutive days. Each subsequent pack is started after a 7-day tablet-free interval. **Contraindications:** Presence or a history of venous or arterial thrombotic/thromboembolic events (e.g. deep venous thrombosis, pulmonary embolism, myocardial infarction) or of a cerebrovascular accident, H/O migraine with focal neurological symptoms, Diabetes mellitus with vascular involvement, pancreatitis or history of severe hepatic disease as long as liver function values have not returned to normal, severe renal insufficiency or acute renal failure, presence or history of liver tumors, undiagnosed vaginal bleeding, known or suspected pregnancy, hypersensitivity to the active substances or to any of the excipients, etc. Diane-35 is not for use in men. **Warning / Precautions:** If any of the conditions/risk factors like increased risk of arterial and venous thrombotic and thromboembolic diseases such as myocardial infarction, stroke, deep venous thrombosis, and pulmonary embolism is present, cervical cancer, hypertriglyceridemia, or a family history, may be at an increased risk of pancreatitis, acute or chronic disturbances of liver function, etc the benefits of combined oral contraceptive use should be weighed against the possible risks for each individual woman and discussed with the woman before she decides to start using it. **Adverse Effects:** The most common side effects of Diane-35 as per clinical trials were nausea, abdominal pain, breast tenderness, headache, weight increase, depressed or altered mood, etc. CCDS Version - 12.0, Dec 2000.

For full prescribing information write to: Bayer Zydus Pharma Private Limited, Kolshet Road, Thane, India. Pin: 400 607 or mail to medcainfo.india@bayerzyduspharma.com

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